

KALAMAZOO AREA RUNNERS



Run Indoors With KAR

Are you tired of running outside in the cold and/or snow and ice? YES!
Then come run with the Kalamazoo Area Runners (KAR) on the indoor track at Western Michigan University's Read Fieldhouse.

2017 Schedule

Date	Time	Day of the Week
January 17	5-7am	Tuesday
January 22	6-10am	Sunday
January 31	5-7am	Tuesday
February 5	6-10am	Sunday
February 7	5-7am	Tuesday
February 19	6-10am	Sunday
February 21	5-7am	Tuesday
February 28	5-7am	Tuesday

These runs will be FREE to all club members and \$5 for non-members.

Need additional
information?

Contact: Alice Henderson at (773) 425-6319 or at alice.henderson1222@gmail.com