

KAR Board Meeting - Monday, November 2nd, 2015 at 7:30 p.m. at Maple YMCA

Attendees: Ferdi Hintze, Amy Clark, Kristen Maxwell, Heather Woodbury, Bonnie Sexton, Chelsea Dilla, Joy Mills, Carrie Hoch-Mortlock,

Pablo Cecere **Absent:** 

Meeting Time 7:30 pm

Time	Agenda Item	Discussion	Follow-up Items
7:37	CONSENT AGENDA:	<ul> <li>Acceptance of Financials through September 2015</li> </ul>	<ul> <li>Board motioned and approved.</li> </ul>
		<ul> <li>Acceptance of Minutes for October 2015</li> </ul>	
	Open Issues		
	Club Championship Series Celebration Update and Awards (Amy) (5 minutes)	<ul> <li>Agenda - similar to last year</li> <li>Fun facts</li> <li>Joy sending Bonnie final facts</li> <li>Hats for prizes</li> <li>Cupcakes</li> </ul>	• Update only.



		<ul> <li>Feedback on winner speeches:         <ul> <li>Long</li> <li>Set 30 second time limit</li> </ul> </li> <li>Chelsea offered to take some photos</li> </ul>	
7:45	Update on Annual Banquet Speaker & Date (Amy/Joy) (5 minutes)	• March 23rd, 2016	Update only.
7:47	Revisions to KAR 7.1 Club Championship Policy and Procedure (Bonnie) (5 minutes)	<ul> <li>Changing date of the start to Feb. 15th to allow for Winter Blast</li> <li>Commitment date to 31st</li> <li>Changed authority to staff or a volunteer</li> <li>Dec. 31st deadline to contact race directors</li> <li>Assigning authority to a volunteer (Procedures)</li> <li>Race results - John</li> </ul>	Board motioned and approved.



		<ul> <li>Total number of points earned - pull from age group category award (starting 2016)</li> <li>Effective 1/1/2016</li> </ul>	
7:53	Annual Campaign Update (Carrie/Joy) (5 minutes)	<ul> <li>Raise \$5,000 by Jan. 1, 2016</li> <li>Nov. 16: First email</li> <li>PayPal link live Nov. 16th</li> <li>Dec. 1st: Second email</li> <li>Dec. 30th: Third email</li> <li>"Footprints on the Community"</li> <li>List Board members names in email, but not on postcard along with Exec. Director</li> <li>Acknowledgement of gift within 48 hours</li> <li>Anything under \$100 - email message</li> <li>\$100 and up - personalized acknowledgement</li> <li>Goal of 100% Board participation</li> </ul>	• Update only.



8:06	Membership Campaign – Round Two (Bonnie/Chelsea) (5 minutes)	<ul> <li>Before end of year, Bonnie will send second email about rate increases</li> <li>One more FaceBook boost in December</li> </ul>	Update only.
8:07	RRCA Convention and Coaching Certification Cohort (Bonnie) (5 minutes)	<ul> <li>\$95 for coaches certification</li> <li>Would need to sign up right away</li> <li>Need First Aid and CPR Certification</li> </ul>	Update only.
8:09	Meeting with Battle Creek Subcommittee (Bonnie) (5 minutes)	<ul> <li>Oct. 22nd Bonnie had meeting</li> <li>Reviewed membership survey results</li> <li>Reviewed strategic plan</li> <li>Meeting went very well - honest feedback</li> </ul>	• Update only.
8:11	Fast Track Interest Survey and Recommendations (Bonnie) (10 minutes)	<ul> <li>Survey went to membership (not many people were interested in beginner)</li> <li>41 interested in Winter session</li> <li>53 in Spring session</li> <li>WMU not available Tuesday nights</li> <li>1:7, Coach:Participant ratio goal</li> </ul>	<ul> <li>Board motioned and approved based on obtaining suitable facilities.</li> </ul>



• Tuesday morning was tossed out (11
people)
Tuesday evening & Sunday morning
good
• Facilities
<ul> <li>Portage schools</li> </ul>
Sunday morning track (already
renting)
No current winter/spring programs
(refer to Borgess run camp)
Increase membership base
Target 2 of our signature events (drive
participation)
If it were very successful: May not have
enough coaches (possibly put a cap on
participation) 75-100?
Kristen, Ferdi, Chelsea interested in
helping Bonnie
Fast launch - first workout Dec. 20th



		• Can we make use of existing facilities?	
	Visionary Work		
8:37	Marketing SWOT Analysis (Kristen) (15 minutes)	<ul> <li>Strengths:         <ul> <li>Well known logo/branding</li> <li>Postcards/flyers - professional</li> <li>Large email distribution</li> <li>Continuity in membership (retention)</li> <li>Social media presence</li> </ul> </li> <li>Weaknesses:         <ul> <li>Understanding benefits</li> <li>Website (need integrated)</li> <li>Members don't know when group runs are</li> </ul> </li> </ul>	Board discussion only.
8:55	Membership Benefits Survey Analysis – (Chelsea) (15 Minutes)	<ul> <li>40 year old average age of members</li> <li>61.9% Female members</li> </ul>	● Update only.



		<ul> <li>Preferences for running: Road most popular (70%), then trail (22%)</li> <li>Distance: half marathon most popular (44%), then 5k</li> <li>Evaluate events: Kalamazoo Marathon most feedback, WinterBlast</li> <li>Member benefits: Discounts and ability to connect to other runners (highest ratings). RRCA member benefit was low or unimportant.</li> <li>KAR tent for members to drop gear (interest)</li> <li>Youth running programs scored high</li> <li>Coach training program scored high</li> <li>Training programs/scholarships: not much interest (may be skewed because only sent to current members)</li> </ul>	
9:08	Visionary Survey Update	Second survey for vision	<ul> <li>Update only.</li> </ul>
	(Bonnie) (5 Minutes)	List of visionary statements	



		<ul> <li>Strongly disagree to strongly agree</li> <li>Look at geography, importance of training programs, etc.</li> <li>Open ended questions</li> <li>Will go out sometime in November</li> <li>Chelsea and Bonnie to present recommendations once survey is complete</li> </ul>	
9:10	Board Governance – Meeting with YMCA Board Chair (Bonnie) (10 Minutes)	<ul> <li>Meeting with Sherri Welsh</li> <li>19-20 board members (double KAR)</li> <li>They serve as at large member first, before moving into specific positions</li> <li>Primary role of YMCA board: governance and strategy</li> <li>Fundraising: give as part of annual campaign</li> <li>Establish legal and ethical boundaries</li> <li>Board not involved in day-to-day operations</li> </ul>	• Update only.



		<ul> <li>Areas of expertise for Board: attorney, CPA, business owner, school connections (sports medicine/PT's), HR, long time members</li> <li>No membership election or selection</li> <li>KAR is an elected board - can't pick</li> <li>Performance Review: their Executive Committee approves review and Board Chair delivers one on one.</li> <li>Would like to expand Board to 15 members.</li> </ul>	
9:22	Board Development Meeting with ONE Place (Bonnie/Board) (5 Minutes)	<ul> <li>1) Dec 7 – 10 or Dec 14 - 17</li> <li>In strategic plan to complete before year end</li> <li>Dec. 7th preference at 5:30</li> </ul>	Bonnie to email Tom.
9:26	Updated Strategic Plan Project Planner (Bonnie) (reference only)		Reference only.



9:27	Treasurer's Financial Report –	<ul> <li>Broke even through the month</li> </ul>	<ul> <li>Update only.</li> </ul>
	October 2015 (Ferdi) (5 Min)	• YTD -\$380	
		<ul> <li>YTD budgeting: below budget on</li> </ul>	
		expenses	
		<ul> <li>Membership above budget (from</li> </ul>	
		revenue)	
		<ul> <li>Programs above budget (from revenue)</li> </ul>	
9:31	Google Analytics – October 2015	• Up on website visits (2000 to 2600)	<ul> <li>Update only.</li> </ul>
	(Pablo) (5 min)	<ul> <li>Similar on others: posts on FaceBook,</li> </ul>	
		more visits to website	
		• FaceBook: 1000 fans on page! (100	
		likes in 3 days)	
		<ul> <li>JOL boosts reached 6000 people</li> </ul>	
		<ul> <li>9000 people reached JOL in August</li> </ul>	
		<ul> <li>74% women 35-44 years old</li> </ul>	
9:35	Vice President's Membership	<ul> <li>Getting closer to 1500 members</li> </ul>	<ul> <li>Reference only.</li> </ul>
	Report – October 2015		
	(Reference Only)		



9:35	Executive Director's Report (Joy) (10 Min)	<ul> <li>Joy met with Kevin: how different people like to be appreciated</li> </ul>	<ul> <li>Update only.</li> </ul>
		<ul> <li>"Love Languages" book and "Love</li> </ul>	
		Languages in the Workplace"	
		<ul> <li>The number of positive interactions to</li> </ul>	
		wipe out a negative interaction	
		• Events!	
		<ul> <li>Annual campaign</li> </ul>	
		<ul> <li>504 total JOL participants</li> </ul>	
	New Business	• None	
9:43	Meeting Adjourned		
	Next Board meeting scheduled		
	Monday, January 4 at 7:30pm		
	(Finance Committee at 7:00pm)		